



THE CITIZENS FOUNDATION

Community Vocational Training



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Pakistan Registered Charity No. 0037144 | Company No. K-06597



About Community Vocational Training

Vision:

- Poverty alleviation and social development in communities around TCF schools.

Mission:

- To enable community women and girls around TCF schools to attain technical skills, enabling them to earn a livelihood and support the family income.

Impact:

- To date, the Community Vocational Training program has successfully provided around 3,200 community women and girls all over Pakistan with vocational skills to practice stitching, tailoring and embroidery.



Alignment with the UN SDGs

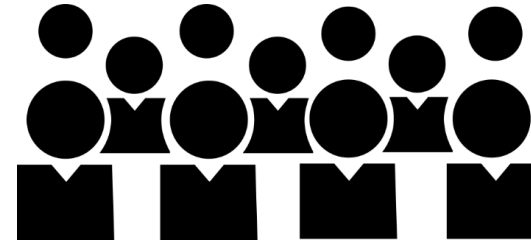




Main Components of a Vocational Training Center

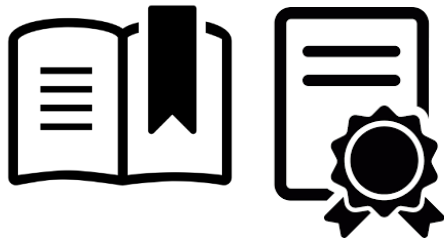


Up to 2 Helpers

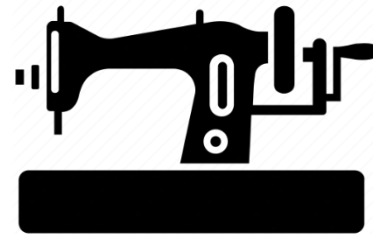


Up to 15 trainees per batch (Each center runs two batches every year)

Training and Apprenticeship:



Curriculum and Certification
by Kaarvan Crafts Foundation



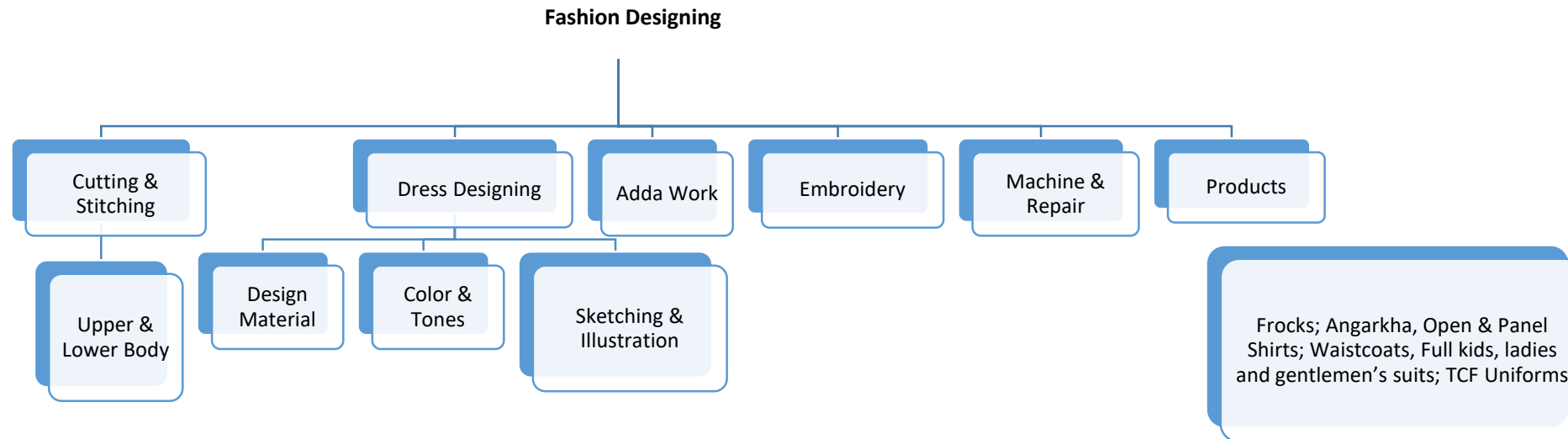
After course completion, vocational graduates (aged 16 or above) start:

- Working from home on TCF orders
- Take paid orders from their neighborhoods
- Start training other women in their vicinity

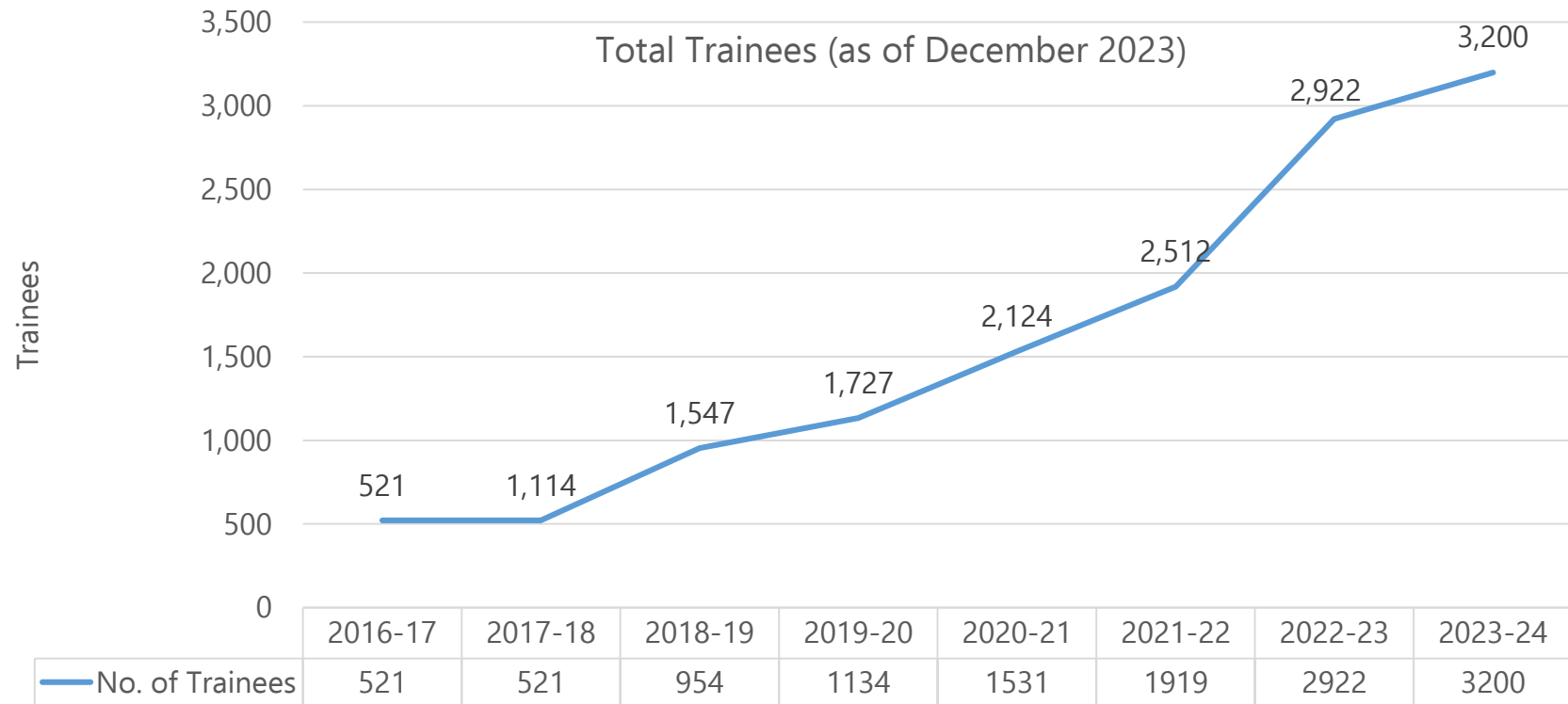


Program Curriculum

The Vocational Training Program covers the following topics:



Impact





Locations

Currently, TCF is operating 19 vocational training centers for community women and girls across Punjab, Sindh, Balochistan, and Azad Kashmir

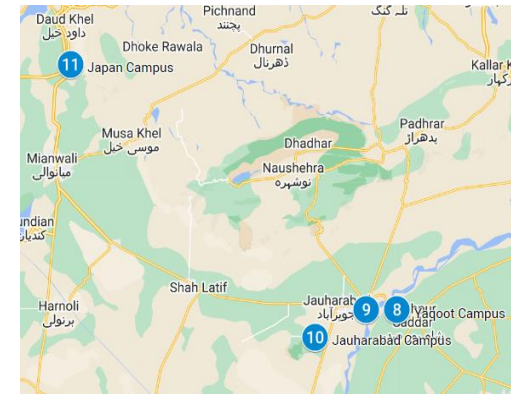
Cluster 1: Kasur, Sheikhupura, Narowal, Kot Radha Kishan



Cluster 2: Jaranwala, Burewala, Chiniot



Cluster 3: Sargodha, Khushab, Mianwali



Cluster 4: Rawalpindi, Muzaffarabad



Cluster 5: Karachi, Sukkur, Thatta





Beneficiaries

Program beneficiaries are economically disadvantaged women and girls aged 16 to 65, residing in urban slums and rural areas where TCF schools are typically situated. Majority of participants (75%) fall between 16–24 years. Typically, 83% of the participants are unmarried and at least 61% have completed Grade 10.





Community Vocational Training Over the Years





Community Vocational Training Over the Years





Cost of 1 Vocational Training Center 2023–24 (in PKR)

Item	Cost in PKR (rounded)	Percentage of Total Cost
Materials and Furniture Costs	725,000	12%
Operations Costs (2 cycles per year)	1,275,000	21%
Construction of Room	4,000,000	67%
Total	6,000,000	100%

No. of Existing Centers	19
New Centers (2023–24)	4
No. of Learners (2023–24)	500



Support for Vocational Training 2023–24

The Vocational Training program at TCF needs your help! The program is run solely through donations and sponsorships. Your help is needed to provide vocational skills to deserving women and girls in Pakistan, enabling them to earn a livelihood and support the family income.

A vocational training center has the capacity to enroll up to 15 trainees and runs 2 cycles every year. Support will cover the cost of training and monitoring, salaries, books, training materials, operations, and in some cases construction and procurement of equipment and furniture.

Sponsorship Packages:

To run a vocational center (2 cycles in 1 year) – PKR 1.275 million

To set up a new vocational training center – PKR 4.725 million

To set up a new vocational training center and support for one year's running – PKR 6 million

Progress Reports:

A year-end report (covering activities of July 2023 to June 2024) would be submitted in August 2024.



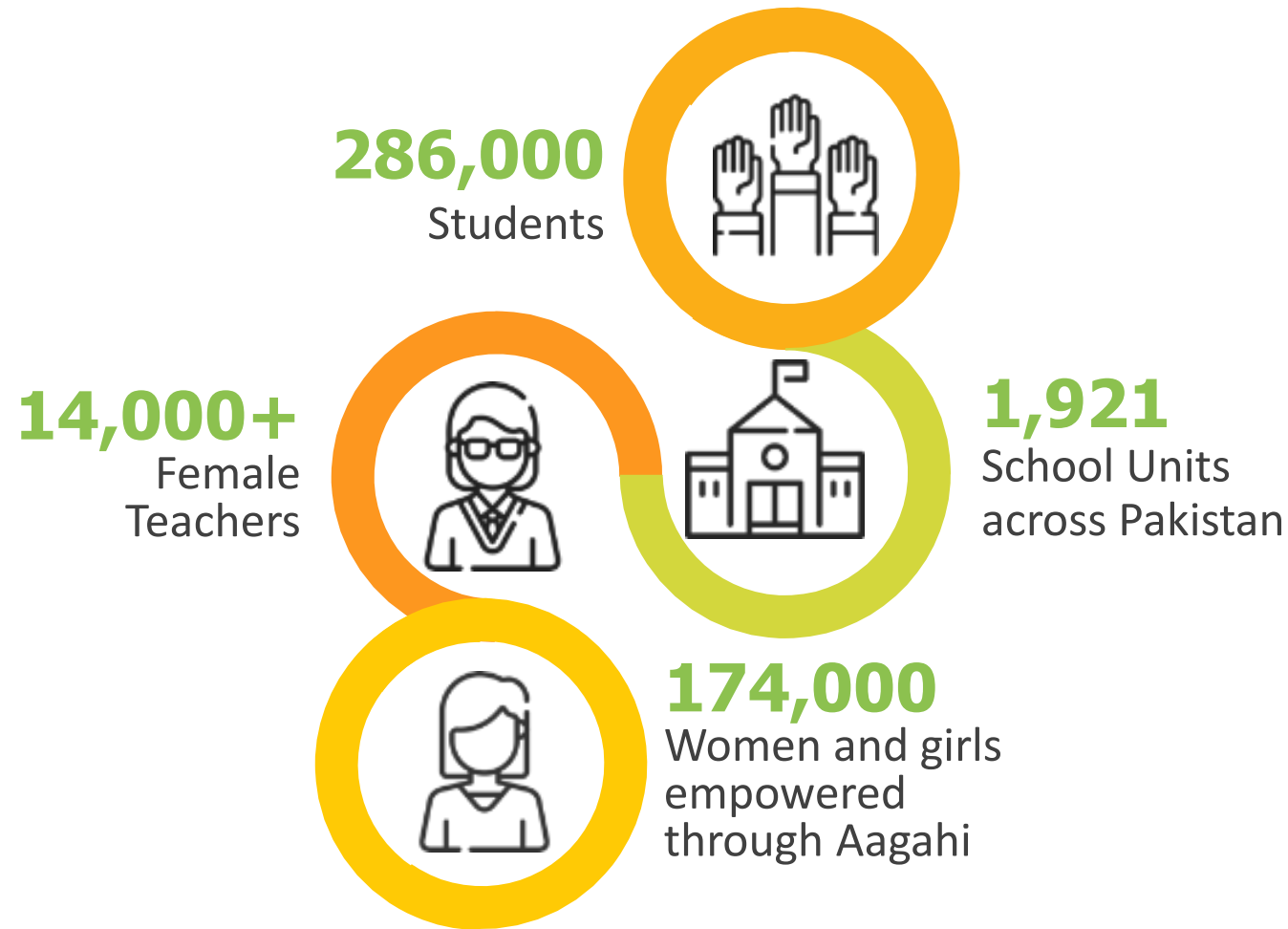
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**About The Citizens
Foundation**

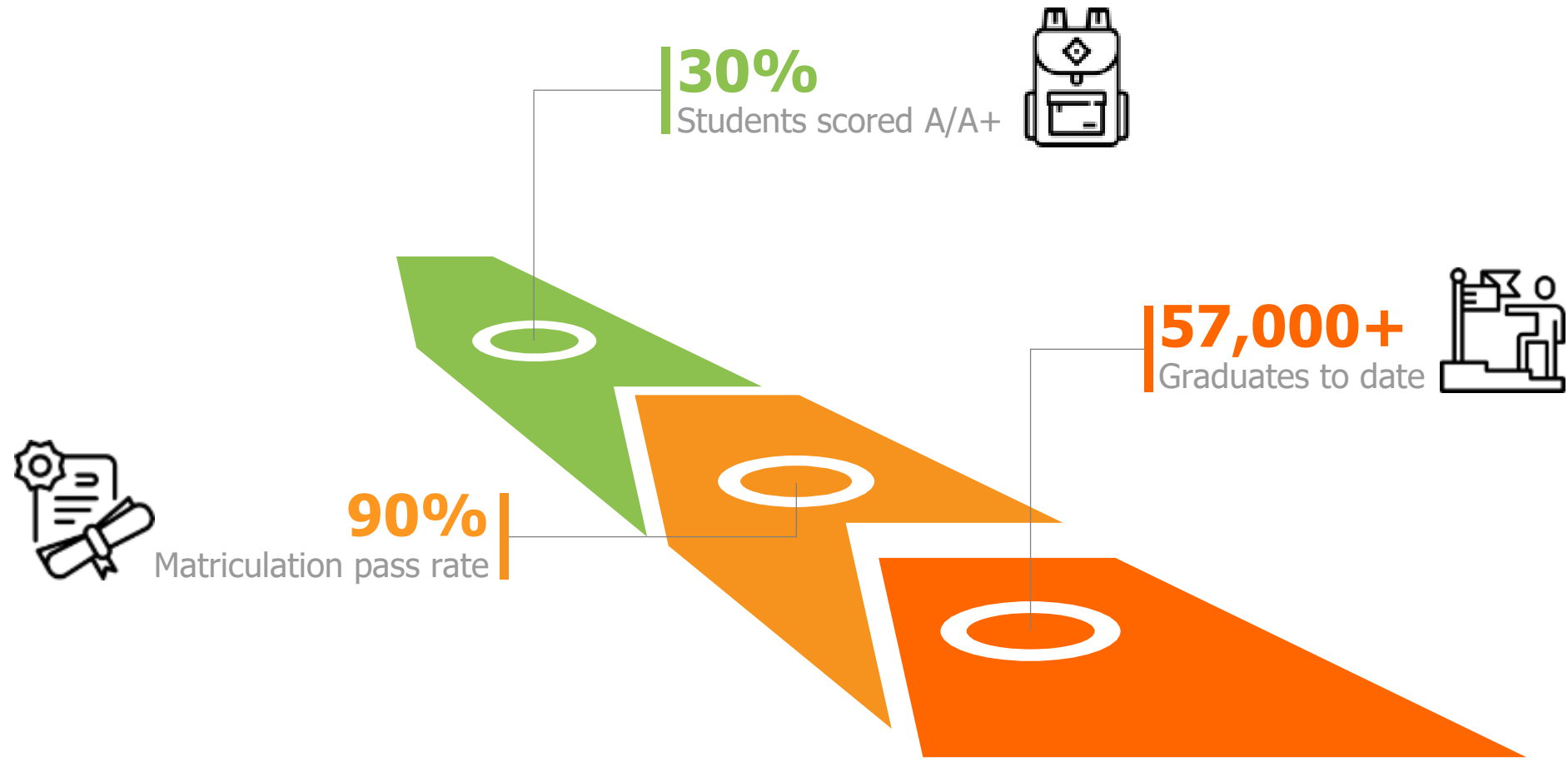


Impact Numbers





Alumni Impact





Impact Beyond Basic Schooling

Aagahi



Literacy for community women and girls

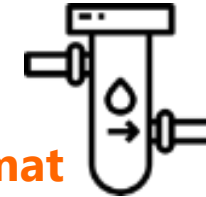
174,000+
Learners



Vocational Training

Training community women and girls in tailoring and embroidery

3,200 | **19**
Trainees | Centers



Aab-e-Rehmat

Providing filtered drinking water for communities

48,000 | **36**
Daily Beneficiaries | Filtration plants



Rahbar

Mentoring program for 8th students

15,150+ | **57,150+**
Mentors | Mentees



Summer Camp

Fun-based learning for primary students (Grades 3, 4, and 5)

11,200+ | **77,400+**
Volunteers | Students



Reach Out to Us

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